

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Wednesday, August 2
8:30 am - 10:00 am
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Prevention	SUD SAP	Active Participation: Building Equality Between Youth and Adults to Further Evidence-Based Strategies	Georgia Marks	Beginner	Community, Youth	SW, LCDC, CPS, APS, PM/PRC	Coalition leaders are encouraged to engage youth, but often report difficulties sustaining engagement after the initial stages of involvement. This session will show how to use the implementation of a strong recruiting process, joint creation of action plans and goal setting, and recognition of achievement to help ensure youth-adult partnerships are strong and effective.
Prevention	SUD SAP MH CO	The Evolving Landscape of Tobacco Use and Control in the United States: Progress, Challenges, and Future Directions	Corinne Graffunder, DrPH, MPH	All	Adults, Tobacco Cessation, Youth	CPE, LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	The history and patterns of tobacco use among U.S. adults and youth, including emerging tobacco products such as e-cigarettes, will be described in this presentation. Progress that has been made over the past half century through the implementation of evidence-based strategies to address tobacco use and related health harms will be outlined, as well as current challenges and hot-topic issues in the field of tobacco control. There will be a discussion of future directions, including the "End Game" strategies discussed in the 50th Anniversary Surgeon General's Report.
Treatment / Recovery	SUD MH CO	Disaster Behavior Health: It Is 2017, Are You and Your Behavioral Health Program Ready Yet?	Deedra Harrison, CEM, TEM, MCP Jennifer Reid, LMSW Aaron Caldwell, MBA	All	Community, Disaster Behavioral Health, Trauma	SW, LCDC, CPS, APS, PM/PRC	Natural and man-made disasters, terrorist attacks, and emergency incidents can have far-reaching and long-lasting effects on survivors and emergency responders. It is common for both survivors and responders to experience distress and anxiety about their safety, health, and recovery. Individuals and communities repeatedly exposed to weather-related disasters may be at greater risk for adverse stress reactions. Disaster behavioral health services is the provision of mental health, substance use disorder, and stress management services to disaster survivors and responders. These services are designed to promote resilience, empowerment, and recovery. Emergency planning for mental health and substance use disorder organizational safety and continuity of operations, and accessing resources through local emergency management processes will be highlighted. The partnership between the state and local mental health authorities in obtaining SAMHSA/FEMA Crisis Counseling Assistance and Training Program grant funds for the Immediate Services Program and the Regular Services Program will be discussed.
Treatment / Recovery	SUD MH CO	Juvenile Justice Collaborative	Janelle Pruetter, MS, CRADC Rebecca Levin, MPH	All	Community, Criminal Justice, Family, Youth	LCDC, SW, CPS, APS, PM/PRC	Strengthening Chicago's Youth, a violence prevention collaborative convened by Ann & Robert H. Lurie Children's Hospital of Chicago, is bringing together youth service providers and government stakeholders in Cook County, Illinois and leading the development and implementation of a care coordination model for justice-involved youth. When fully implemented, the probation department, juvenile court judges, and others will be able to refer youth to a centralized intake and referral home, which will assess the youth's needs and risk level and place him/her with the appropriate community-based provider for care coordination and other services. The mission of the Juvenile Justice Collaborative is to minimize further involvement of arrested youth in the justice system and reduce racial disparities by facilitating and coordinating access to comprehensive support services that meet adolescents' developmental needs. This session will explore the history and implementation of Juvenile Justice Collaborative as well as the Centralized Intake pilot project.
Recovery	SUD	Austin's Youth and Emerging Adult Recovery Network (YEARN)	Sierra Castedo, BA, PRS Lori Holleran Steiker, PhD, ACSW Julie McElrath, LMSW, LCDC-I	Advanced	Community, Family, Integration, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	In Central Texas, there has been an expansion of services for youth and emerging adults seeking recovery and ongoing recovery support, but families seeking help still do not know where to turn. Although there are many examples of collaboration among health and behavioral health organizations in Central Texas, few move beyond referral and information-sharing relationships. The Youth and Emerging Adult Recovery Network (YEARN), with funding from the St. David's Foundation, is working to create an integrated, targeted recovery-oriented system of care that builds upon the strengths of the individual entities and results in better access to care and support for adolescents and emerging adults in recovery. YEARN's efforts include raising awareness and visibility of young people in recovery, and helping to change substance use culture and addiction recovery stigma in these groups. YEARN emphasizes standard measures that go beyond the standard "days sober", including recovery capital and quality of life measurements.

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Wednesday, August 2
8:30 am - 10:00 am
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Skills Building / Self-Care	SUD	Self-Care and Preventing Burnout for Peer Staff	Brooke Feldman, BSW	All	Adult, Workforce	LCDC, SW, CPS, APS, PM/PRC	Drawing from one's lived experience can be a powerful catalyst for supporting wellness and transformation in the lives of those we serve. But with the task of consistently drawing from oneself, also comes the need to take care of our own well-being and to prioritize self-care. This workshop will provide an overview of factors that can lead to burnout, the early warning signs of self-care slippage, and strategies and tools that peer staff can use to prevent burnout and facilitate their own health and wellness.
Self-Care	MH	Bodyflow Fitness Class	Teresa de la Garza	All	Youth, Adult, Family		Bodyflow is an athletic blend of yoga, tai chi, and pilates that incorporates yoga based movements to promote strength, balance, and flexibility. Choreographed to music that inspires transition between movements, participants achieve a harmony of mind and body. Ending with relaxation and meditation, Bodyflow allows for a full experience of a mental and spiritual connection, along with an amazing workout