

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Wednesday, August 2
1:30 pm - 3:00 pm
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Prevention	MH	Integrated Community-Based Crisis Intervention Teams for People with Intellectual and Developmental Disabilities and Behavioral Health Needs	Jacob Wasonga, MA Rozemarijn Staal, PsyD Kimberly May, LPC, LMFT Linda Kurland, MS, CCC-SLP	All	Family, Intellectual Developmental Disabilities, Youth	LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	This panel session will involve a discussion of three approaches to crisis prevention and intervention for individuals diagnosed with intellectual and developmental disabilities and co-occurring disorders. The panel will discuss how the three different crisis intervention programs were developed and implemented in Tarrant, El Paso and Travis Counties. The session will outline similarities and differences of each County's approach to community-based crisis intervention, and present data with regard to the effectiveness of each of these programs.
Prevention / Recovery	SUD SAP	Empower College Peer Educators to Reduce Substance Use Disorder	Mary Hill, MEd	Intermediate	Community, Peer Educators	CPE, SW, LCDC, CPS, APS, PM/PRC	Student peer educators provide a unique perspective on substance abuse issues in a responsible and informed way. Peers Working with Peers is a promising prevention strategy to reduce substance use disorder among our students. Most high schools and colleges use trained student leaders, known as peer educators, to provide environmental management strategies for the prevention and reduction of substance use disorder. The environmental management approach is based on the principle that high school and college students' conduct can be shaped through concerted efforts to re-engineer the environment that shapes their behavior. There are five strategies for environmental management which will be covered in this session, along with the "Seeds for Success" model, with interactive training components.
Treatment	SUD SAP MH CO	Combating Pressure to Expand Marijuana Availability in Texas	Michael Sparks, MA	All	Adult, Community, Criminal Justice, Youth	SW, LCDC, CPS, APS, PM/PRC	This session explores the significant community-level impacts in states that have legalized medicinal and recreational marijuana. The presenter will discuss how the marijuana industry is increasingly infiltrating and gaining favor with legislators to sponsor legislation and/or state ballot initiatives through a well-oiled, highly disciplined campaign that uses tactics borrowed from the alcohol and tobacco industries. The session discusses how communities can respond to the growing pressure to expand retail availability of marijuana; influence the development of marijuana industry state laws; and also influence laws that restrict the controls counties and municipalities have to implement local ordinances and nuisance tools to regulate the drug.
Treatment	SUD MH CO	Treatment of Co-Morbid Post-Traumatic Stress Disorder and Substance Use Disorder	Brian Meyer, PhD, LCP	Beginner / Intermediate	Military, Trauma, Veterans	SW, LCDC, CPS, APS, PM/PRC	Having post-traumatic stress disorder (PTSD) makes substance use disorder more likely, and vice versa. The combination of both results in the likelihood of additional co-morbid problems, worse outcomes, and greater chronicity. Sequential treatment of one before the other (usually substance use disorder before PTSD) is likely to fail; simultaneous coordinated treatment is better, and integrated treatment for both problems is best. This presentation will discuss what is known about the co-occurrence of PTSD and substance use disorder and discuss the available treatments for them. It will also discuss why a single treatment is unlikely to be sufficient to successfully treat both disorders and propose a sequence of treatments to deal with the complex problems involved.
Skills Building	SUD MH CO	Introduction to the Transformational Collaborative Outcomes Management (TCOM) and the TCOM Suites of Tools	Suzanne Button, PhD	Beginner / Intermediate	Clinical Supervision, Community, Cultural Competency, Family, Innovative, Youth	LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	The Transformational Collaborative Outcomes Management (TCOM) Suite of Tools includes the Child and Adolescent Needs and Strengths (CANS), the Adult Needs and Strengths Assessment (ANSA), the Family Advocacy and Support Tool (FAST) and the Family Assessment of Needs & Strengths (FANS). These collaboratively completed measures of individual and family strengths and needs were developed to support decision-making, including level of care and intervention planning, to facilitate quality improvement initiatives, and to allow for the monitoring of clinical and functional outcomes. As a communication tool, they facilitate the linkage between the assessment process and the design of individualized service plans. This presentation provides an overview of these tools and their philosophical framework. TCOM's overall framework, key concepts, and how its multi-level approach directly benefits individuals and families in all human serving systems will be discussed. The principles and best practices in using TCOM's assessment strategy, a communication framework, and examples of how the tools can be used to monitor outcomes and inform care plans will also be presented.

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Skills Building / Self-Care	SUD	The Role of Supervisors in Promoting a Culture of Wellness for Peer Staff	Brooke Feldman, BSW	All	Cultural Competence, Workforce	SW, LCDC, CPS, APS, PM/PRC	Supervisors play a key role in not only emphasizing the need for peer staff to prioritize self-care but, more importantly, in promoting a culture of wellness that makes self-care both the norm and a cherished part of the workplace ethos. This session will explore the role of the peer staff supervisor in promoting a culture of wellness and provide concrete strategies and tools for supervisors to use in their efforts to make self-care and wellness a common aspect of workplace culture for the peer staff they supervise.
Self-Care	MH	Jam!	Robert Alvarado	All	Adult, Family, Youth		Cardio is a fantastic way to get the heart rate going and build up a sweat. DANCE Cardio is an even better way to get your body moving to music that you love and dance moves that you can show off later! Come to Jam! in your comfortable gear (tennis/workout shoes) and get ready to dance, sing (not required), and do your thing. Please bring a towel and some water as this will be your chance to work out and get your sweat on! Not a "dancer"? Don't worry, your instructor will teach you how to do the moves and dance to a routine no matter your skill level.