

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Tuesday, August 1
8:30 am - 10:00 am
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Prevention	SUD SAP MH CO	Collaborating with Youth: Interactive Alternative Activities	Haydee Hall, LMSW, ACPS Michelle Young, LMSW, ACPS	Beginner	Family, Innovative, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	Prevention educators will learn how to work with youth and conduct a successful alternative activity with youths in this presentation. How to set up an alternative activity that is developmentally appropriate for the intended audience will also be shown. The goal of the alternative activities is to educate young people about the dangers posed by drugs and alcohol and change the behaviors that may lead to use disorder. Knowledge on how to explain the dangers of drugs and alcohol in an interactive manner is certainly a factor in prevention, but it is only a beginning. Recipients of prevention education need to incorporate that knowledge into their own lives and decision-making processes, this is best accomplished through hands-on activities. This presentation will address comprehensive and exciting ways to incorporate prevention education with fun, interactive, alternative activities to engage youth. Participants will learn various alternative activities they can use in their own programs.
Prevention / Treatment	MH	Restorative Practices and Mental Health	Sherwynn Patton	Intermediate	Adult, Community, Family, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	This session will teach how restorative practices are being utilized to enhance the learning of students and adults with special needs. There will be discussion on different relationship building techniques being used to support special education departments in Texas, how partnerships with behavioral health services are being utilized to build necessary supports for students and families, and how these services help to shape the climate on a school campus. Attendees will hear from a principal that has implemented restorative practices with fidelity.
Prevention / Treatment	SUD SAP MH CO	Human Immunodeficiency Virus (HIV) Basics, Medications, and Biomedical Intervention	Justin McClenny, LCDC Kelli Haynes, BS	All	Adult, LGBT, Youth	HIV, LMFT, LPC, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	This session will assist participants in being able to identify modes of Human Immunodeficiency Virus (HIV) transmission and possible risk factors that a client might experience. The presenters will discuss the concept of status neutral, and how biomedical interventions can reduce new diagnoses while improving health outcomes.
Treatment	MH	Early Onset Psychosis and the Importance of Treatment	Lisa Dixon, MD, MPH	Intermediate	Family, Youth	LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	There has been a rising interest in the treatment of those experiencing their first episode of psychosis. The presenter will help guide the participants through the history and future of this area of focus by drawing upon her personal, research, and clinical experiences.
Treatment / Recovery	SUD SAP MH CO	Micro-Connecting: Strategies for Engaging Young Adults in the Recovery Process	Mark Sanders, LCSW, CADC	Intermediate	Community, Criminal Justice, Cultural Competency, Family, Technology, Trauma, Youth	CPE, LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	Unfortunately, 18 to 25 year olds have the highest recidivism rate and consistently cost states the most money due to repeated treatment episodes, premature terminations, overdose deaths, and criminal justice involvement. In this presentation, 22 strategies will be covered that will help clinicians effectively engage 18 to 25 year olds in addictions and mental health recovery.
Treatment / Skills Building	SUD MH CO	Race, Sexual Orientation, and Military Status: Using Intersectionality to Build a Path to Social Justice	Eric Alva, MSW	Intermediate	Cultural Competency, Family, LGBT, Military, Trauma, Veterans	SW, LCDC, CPS, APS, PM/PRC	A powerful inspirational speaker, Eric Alva discusses his battle to overcome his injuries and the difficulties he encountered after leaving military life. From learning to walk with a prosthetic, to his desire to continue his education and get his degree, Alva shows audiences that it is important to never give up. As a Hispanic disabled vet and a gay man, Mr. Alva will share his story with us, including the opportunities and challenges he faced as he managed these intersections of diversity in his life.
Skills Building / Self-Care	SUD MH CO	Change Your Laughter and Change Your Behavior with Laughter Yoga	Stephen Findley, MDiv, BCC, CLYT	Beginner	Adult, Community, Family, Workforce, Youth	SW, LCDC, CPS, APS, PM/PRC	Laughter Yoga is a discipline that can be effectively applied and utilized across multiple communities, age levels, and disabilities. Research shows that laughter positively impacts issues like stress, pain, blood pressure, and the immune system. This session will show how Laughter Yoga can improve your mind, body, and spirit. Participants will learn the three concepts of Laughter Yoga; be taught three benefits of Laughter Yoga for one's physical and spiritual well-being; learn how to laugh in a group without jokes, humor and comedies; and experience the multiple benefits of laughter on the body and mind.