

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Tuesday, August 1
1:30 pm - 3:00 pm
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Prevention	SUD SAP MH CO	Comprehensive and Integrated Prevention Programming Model for Schools	Crystal Collier, PhD, LPC-S	Intermediate	Alcohol, Community, Family, Suicide, Tobacco Cessation, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	The Choices program is an integrated, comprehensive, multiple high-risk behavior prevention program that utilizes a novel prevention approach by building students' executive functioning skills, while simultaneously targeting a variety of high-risk behaviors high school students struggle with today. These include alcohol, pornography, illegal drugs, risky sexual behavior, criminal activity, driving while drinking, tobacco, bullying, gambling, eating disorders, self-injury, dating violence, video game addiction, depression, and suicide. The program also addresses a growing body of knowledge regarding students who engage in multiple risk behaviors simultaneously. Key elements of effective interventions for reducing high-risk behavior such as creating student, parent, and faculty action groups that assist in curriculum dissemination are also utilized. In this approach, programming is delivered to the entire school system addressing universal, selective, and indicated target audiences. A long-term approach, Choices emphasizes skills training and relationship building over a four-year cohort design resulting in a program tailored to changing the norms of an individual school's culture.
Prevention / Treatment	MH	Building the Transition Bridge: The Transition to Independence Process Model and Other Innovative Practices for Young Adults with Mental Health Needs	Marc Fagan, PsyD	All	Family, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	This session will help the audience understand the importance of incorporating interventions and engagement strategies that are specific to young adults. The audience will learn about the Transition to Independence Process (TIP), and some of the highlights of its principles and practices. The research and biological basis that backs up its utilization will be discussed. This session will teach how to incorporate the TIP principles into one's array of services, and a few strategies they can take with them from the discussion. Finally, the audience will hear about Texas' efforts of incorporating the TIP model and other young adult best practices into its communities through the University of Texas Austin System of Care and the Transition-Age Youth and Families Initiative through Texas Network of Youth Services and the Hogg Foundation.
Prevention / Treatment	MH	Addressing Trauma Utilizing Restorative Practices	Sherwynn Patton	All	Family, Trauma, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	Participants in this session will learn how to use restorative practices to identify when a student has been exposed to trauma, how to provide a holistic approach to supporting students and families that have been traumatized, and how to prevent causing further harm. A short video that chronicles students in Central Texas who are successfully navigating through trauma by utilizing restorative practices will be shown. The session will delve into how trauma can shape our male or female role belief system.
Prevention / Skills Building	SUD SAP MH CO	Suicide Prevention: What is Required, Resources, and Best Practices	Toniya Parker Kathleen Hubbard	All	Family, Suicide, Youth	CPE, LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	This workshop will provide participants a review of the State Suicide Prevention Plan and Zero Suicide Initiatives of Texas. Identification of suicide prevention, intervention and postvention guidelines, evidence-based trainings and resources will be provided. A discussion regarding innovative strategies for implementation and utilization of these tools for specific populations will wrap up the session.
Treatment	SUD MH CO	Specialized Law Enforcement Response Strategies for Mental Health: Crisis Intervention Training	Frank Webb, MEd	All	Criminal Justice, Community, Family, Innovation, Military, Suicide, Veterans, Youth	SW, LCDC, CPS, APS, PM/PRC	Responding to the mentally ill is one of the top three criminal justice issues today. Law enforcement officers are increasingly interacting with individuals in serious mental health crises presenting police departments with unique challenges. Jails and prisons have become the new asylums. A 2006 Justice Department study found 64 percent of inmates in jails, 56 percent in state prisons, and 45 percent in federal prison had some kind of mental health problem. In Chicago's Cook County jail, 30 percent of the 12,000 inmates suffer from a serious mental illness. Training and response strategies have been developed to help criminal justice personnel respond safely, professionally, and humanely to individuals with mental illness. This session will examine and explain this training and these innovative strategies.

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Tuesday, August 1
1:30 pm - 3:00 pm
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Treatment	MH	Coordinated Specialty Care for Early Onset Psychosis: What Comes Next?	Lisa Dixon, MD, MPH Chelsea Keyt, LCSW-S Monique Wicker, LPC April Macakanja, MS, LPC-S	All	Case Management, Research	LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	Coordinated Specialty Care for Early Onset Psychosis has quickly become the go-to treatment modality for treating this population. Research and anecdotal evidence support its use and effectiveness, but what happens after this time-limited program ends and an individual moves on to other services? This panel hopes to begin this conversation with a focus on building upon the work that has already started here in Texas.
Self-Care	MH	Gibberish Talk: A Fun Way to Relieve Stress, Increase Self-Confidence, and Team Build	Stephen Findley, MDiv, BCC, CLYT	All	Adult, Family, Youth	SW, LCDC, CPS, APS, PM/PRC	This presentation explores the physical, mental, and emotional benefits of Gibberish Talk. Participants will engage in a series of games and exercises utilizing Gibberish Talk, and learn how to release physical, mental and emotional stress, how to boost their creativity by stepping out of their comfort zones, and how to increase their listening skills. In addition, participants will be taught how to boost self-confidence and social-confidence and will leave with a handout on the benefits of Gibberish Talk.