

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Monday, July 31
3:30 pm - 5:00 pm
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Keynote	SUD SAP MH CO	Tackling the Roots of Inequity: How Cultural Humility Can Transform Behavioral Health Care	Jei Africa, PsyD, MSCP, CATC V	All	Community, Cultural Competency	SW, LCDC, CPS, APS, PM/PRC	Health care spending in the United States is at an all-time high, outpacing all developed countries, yet many people experience sicker and shorter lives. Most adverse health outcomes disproportionately affect subsets of the population. Individuals with mental health conditions die on average 25 years earlier than the general population. Communities of color have the poorest health outcomes. Rapid medical innovations have fallen short on making all communities healthier. In order to effectively transform our health care system, leaders are applying an equity lens to their work and finding innovative ways to address the social determinants of health. Service providers and organizations, nationally and internationally, are also practicing cultural humility to improve systems of care.