

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Monday, July 31
1:30 pm - 3:00 pm
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Prevention	SAP MH CO	Unleashing the Power of Prevention	J. David Hawkins, PhD, MA	All	Community, Family, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	Every day across America, behavioral health problems in childhood and adolescence take a heavy toll on millions of lives. For decades, the approach to these problems has been to treat them only after they've been identified, at a high and ongoing cost to young people, families, communities, and our nation. Now we have a 30-year body of research and over 50 programs showing that behavioral health problems can be prevented. The challenge now is to mobilize across disciplines and communities to unleash the power of prevention on a nationwide scale. This session will propose a grand challenge that will advance the promotion of behavioral health and prevent behavioral health problems among all young people. Within a decade, we can reduce the incidence and prevalence of behavioral health problems in youth by 20 percent through widespread policies and programs that will serve millions and save billions. Prevention is the best investment we can make, and the time to make it is now.
Prevention / Treatment	SUD SAP MH	De-Escalation and Self-Regulation	James Campbell, MA, LPC-I, CAC-II	Intermediate	Criminal Justice, Disaster Behavioral Health, Family, Trauma, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	Serving clients can be challenging or, at times, even volatile. De-escalation and self-regulation is a practical exploration of how to help ourselves, as well as those we serve de-escalate and more effectively self-regulate. Specific emphasis will be placed on matching appropriate interventions to differing clients and degrees of tension and escalation. Participants in this session will gain an understanding of subjects like verbal interventions, how tension contributes to inappropriate behavior in clients and staff, when to withdraw from an intervention, and the underlying dynamics of establishing a therapeutic relationship.
Prevention / Treatment	SUD MH CO	Human Trafficking 101: Victim Services and Understanding the Victim	Kay Mailander, MA	All	Criminal Justice, Family, Trauma, Youth	LCDC, SW, CPS, APS, PM/PRC	Information on defining human trafficking, as well as cases identified in the United States, and how to identify potential victims by explaining red flags in different situations will be provided in this presentation. Services that exist for survivors of trafficking, through Refugee Services of Texas and others nationwide, will be reviewed. Attendees will also gain information on a victim's mental health and vulnerabilities and how trauma informed professionals can assist in identifying victims, investigate and prosecute cases, and be able to provide the appropriate victim services.
Prevention / Skills Building	SUD SAP MH CO	Coping in the Classroom: Strategies for Learning, Development, and Calm Behaviors	Karen Williams, MSSW	All	Family, Innovative, Youth	CPE, SW, LCDC, CPS, APS, PM/PRC	This workshop is designed for classroom educators and prevention specialists who deliver curricula and other services in schools. Brain research shows that both a child's sense of comfort and sense of control/efficacy are necessary in order for learning and development to take place. Both are also essential to promoting calm behavior, motivation, and perseverance. Fortunately, there are simple, but powerful "brain-friendly" methods and strategies to promote both that are currently being used in trauma-sensitive, trauma-informed, and compassionate schools. The workshop will include videos of the strategies in use, and lots of resources to keep.
Treatment	SUD MH CO	Human Immunodeficiency Virus (HIV) and Co-Occurring Mental Health and Substance Use Disorder Issues	David Fawcett, PhD, LCSW	Intermediate / Advanced	Adult	HIV, LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	This presentation reviews co-occurring mental health (MH) and substance use disorders (SUD) that frequently accompany Human Immunodeficiency Virus (HIV)/Acquired Immune Deficiency Syndrome (AIDS). It provides an overview of psycho-social issues of HIV disease progression, including adherence. Participants will increase their skills in identifying common psychological reactions to living with HIV/AIDS, co-occurring mental health diagnoses, dual and multiple diagnoses, and differentiating mental health disorders from neuro-psychiatric complications. The importance of trauma-informed care in the assessment and treatment of co-occurring MH and SUD disorders will be addressed. Participants' existing knowledge and skills will be applied to promote culturally competent assessment and intervention planning from both the micro and macro levels of practice.

Focus Column Legend:
 Substance Use Disorder = SUD
 Substance Abuse Prevention = SAP
 Mental Health = MH
 Co-Occurring = CO

Monday, July 31
1:30 pm - 3:00 pm
Equivalence of 1.5 CEU hours offered

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Treatment / Skills Building	MH	Falling in Love Through Technology	Lori Jean Glass, CRC, CPC, CBC	All	Adult, Technology, Youth	SW, LCDC, CPS, APS, PM/PRC	Social media personas are now merging with our clients' identity and differentiating between the two is causing ambivalent attachment in relationships. The word "social" has taken on a new meaning. We used to socialize in public places-surrounded by energy and activities to meet others, now we socialize in quiet corners on screens. This presentation will dive into how we are developing a new attachment style through technology and creating anxiety by sending emotional bombs through avoidant behaviors. Is there a way to use technology to "fall in love" in a healthy way? Yes! A walkthrough will be given of "The Dating Game" to learn to teach clients a healthier approach. This is essential for anyone with attachment wounds, mood disorders, or addiction.