

**Focus Column Legend:**  
 Substance Use Disorder = SUD  
 Substance Abuse Prevention = SAP  
 Mental Health = MH  
 Co-Occurring = CO

**Friday, August 4**  
**8:30 am - 10:00 am**  
**Equivalence of 1.5 CEU hours offered**

Track	Core Area	Session Title	Speaker	Level	Focus	CE Type	Session Description
Prevention	SUD SAP	Preventing Opioid Misuse in Texas	Jessica Cance, MPH, PhD Kasey Strey, ACPS	All	Adults, Community, Youth	SW, LCDC, CPS, APS, PM/PRC	The purpose of this presentation is to provide participants with an overview of the Health and Human Services Commission (HHSC) funded opioid misuse prevention activities. The presenters will discuss the epidemiology of opioid misuse in Texas and prevention activities related to two HHSC projects: the Strategic Prevention Framework for Prescription Drugs (SPF-Rx) and the Texas Targeted Opioid Response (TTOR). Participants will be encouraged to engage in a discussion of how representatives from different sectors of behavioral health can work together to prevent the misuse of opioids throughout Texas.
Prevention / Treatment	SUD SAP MH CO	Next Generation Hope and Health: Meaning of Adverse Childhood Experiences and Resilience in Achieving Better Outcomes	Allison Sampson-Jackson, PhD, LCSW, CSOTP, LICSW	Beginner / Intermediate	Adults, Family, Trauma, Youth	CPE, LMFT, LPC, SW, LCDC, PM/PRC, CPS, APS, CNE, CHES, Psy, CME	More than 70 percent of adults in the country have experienced some type of traumatic event at least once in their lives. Adverse childhood studies show that many of these traumas occur before age 18 and result in disrupted brain development, adoption of at risk health behaviors, and increased risk for disease, disability, and social problems in children and adults. Evidence has shown that by implementing trauma informed practices within all human service systems impacting youth, adults, and their families, individuals are empowered to build their resilience and enhance their overall health and well-being. Trauma informed care asks all human service professionals to realize the widespread impact of trauma, recognize the signs and symptoms of trauma, and respond by integrating trauma informed knowledge into all policies, procedures, and practices. This session will define child traumatic stress, including types of traumatic stress that can exist among children, the impact of trauma on the developing brain across developmental stages, and behavioral manifestations related to traumatic experiences. Approaches for integration of adverse childhood experiences in child and adult treatment and case planning will be explored, as well as how professionals can integrate resilience replacement coping techniques within the fabric of their approaches to helping consumers enhance their well-being.
Prevention / Treatment	SUD MH CO	Are All Older Adults Depressed? Common Mental Health Disorders in the Older Adult	Cherie Simpson, PhD, APRN, CNS-BC	All	Geriatrics	SW, LCDC, CPS, APS, PM/PRC	This session will address common mental health disorders and how they impact the older adult. Topics will include identification of symptoms; differential diagnosis; treatment approaches, both pharmacological and non-pharmacological; as well as challenges to treatment.
Treatment	SUD MH CO	Dual Diagnosis: A Look at its History and Future	Stuart Gitlow, MD, MPH, MBA, DFAPA	All	Case Management	LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	For several decades, there has been an assumption that a significant percentage of individuals with addictive disease also have one or more psychiatric illnesses. What is the basis for this belief? Is it consistent with an accurate diagnostic formulation? What does it mean for treatment, case management, and prognosis? Within this session, the original literature that opened the door to the dual diagnosis world will be examined, with an eye toward how diagnosis has changed in the intervening decades without questions being raised as to whether the dual diagnosis concept remains applicable.
Treatment	SUD MH CO	Problem Gambling from a Public Health Perspective	Cynthia Orme, MA, LPC	All	Adult, Community, Family, Youth	LPC, LMFT, SW, LCDC, CPS, APS, PM/PRC, CNE, CHES, Psy, CME	Gambling has been studied from a number of perspectives, including economic, moral, addiction and mental health. The value of a public health viewpoint is that it examines the broad impact of gambling rather than focusing solely on problem and pathological gambling behavior in individuals. It takes into consideration the wider health, social and economic costs and benefits; it gives priority to the needs of vulnerable and disadvantaged people; and it emphasizes prevention and harm reduction. This session examines the public health foundations of epidemiology and applies them to gambling. Major public health issues will be discussed, including problem gambling trends amongst the general adult population and youth, and their impact on other specific populations.

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Treatment / Recovery	SUD MH CO	Adult Mental Health and Drug Courts: Successful Collaborations	Brent Carr Dan Prashner Ruben Reyes, Judge	All	Criminal Justice	SW, LCDC, CPS, APS, PM/PRC	The goals of drug and mental health courts are to reduce the overcrowding of jails and prisons, to reduce alcohol and drug abuse and dependency among criminal and juvenile offenders, to hold offenders accountable, to reduce recidivism, and to promote effective interaction and use of resources among the courts, justice system personnel and community agencies. Successful drug courts are based on partnerships among the courts, law enforcement, corrections and social welfare agencies. Mental health courts, which can be operated in conjunction with drug courts, can provide a cost-effective approach to addressing the mental health needs of offenders, reducing recidivism, providing community protection, easing the caseload of the courts, and alleviating the problem of increasing prison, jail and detention populations. Attend this panel discussion to hear the success stories and challenges of these problem solving collaborative systems.